

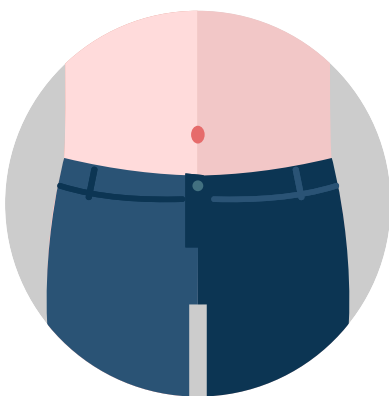
# SIZE CHART: MEN'S CLOTHING

## TROUSERS, JEANS AND SHORTS

► **Measure your waist and front rise**  
to find out your ideal size.

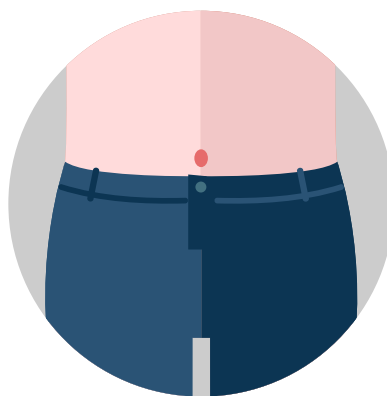
Men's Size Chart						
High rise (cm)	Natural rise (cm)	Low rise (cm)	Waist	MX	USA	EUR
87.5	82.5	77.5	68-72	28	29	35-36
--	--	--	76-80	30	32	37-38
88.5	83.5	78.5	84-88	32	35	39-40
--	--	--	92-96	33	38	41-42
90	85	80	100-104	34	43	43-44
--	--	--	108-112	36	47	45-46

**Rise:** In a pair of trousers it is the distance from the middle of the crotch seam (right between your legs) to the top of the waistband.



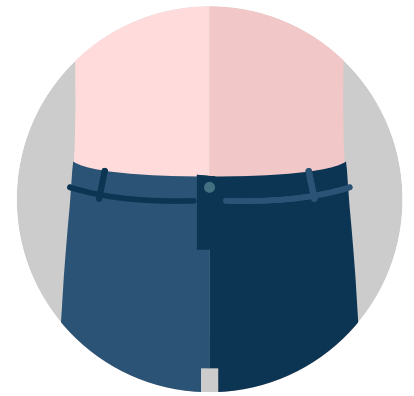
**Low-rise**

Low rise pants are meant to sit well below your natural waist and below the navel. They are also called "low-cut", "hipsters", and "low-riders".



**Natural-rise**

Pants with a natural waist typically position the waistband just below the navel.



**High-rise**

The waist sits above the navel and fastens at or above the narrowest part of the waist.