

BRA FITTING GUIDE

► **Choose your perfect bra:**
Take into consideration your breast type and the support you need.



Maximum lift

A maximum lift bra is ideal if you have large breasts and a wide back. It has wider straps and the cups cover most if not all of the breast for added support.



Moderate lift

A moderate lift bra is ideal if you have medium size breasts. The straps are shorter to provide a better lift. The cups have less upper breast coverage.



Smooth lift

A smooth lift bra is ideal for small breasts. The straps are thin and it has demi cups that offer subtle support.



Subtle lift

Subtle lift is the closest to a natural look. This is a comfortable bra for everyday use, made of soft fabric. The cups adjust to the natural shape of your breast.